Columbia College

Basic Concepts of Psychology (PSYC110)

Lecture 1

Course Outline

Semester Dates: February 05, 2018 - February 21, 2018

Please note that when a holiday falls during the week, your class will be rescheduled for the Friday of that week. Students are required to make arrangements to be present at the rescheduled class.

Facilitator: Brittany Norris, *MSc., R. Psych*	Email: brittanyn@columbia.ab.ca
Class Time: 5:30 PM - 9:30 PM (Mon./Wed.)	
8:30 AM - 5:00 PM (Sat.)	Room: 805-113
Credit: 3	Prerequisite: None

Note: It is the student's responsibility to be familiar with the information contained in the Course Outline and to clarify any areas of concern with the facilitator. Please note that when a holiday falls during the week, your class will be rescheduled for the Friday of that week. Students are required to make arrangements to be present at the rescheduled class.

Course Description:

This course will provide the student with an introduction to the history, current research, and theories in the field of psychology. The course focuses on a wide variety of topics related to the behavior and mental processes of individuals and groups rather than on one or two specific areas.

Learning Outcomes:

As a result of active participation in these sessions, a student can expect to:

- Describe the basic concepts, theories and research within the field of psychology and their implications to professional practice.

- Utilize critical thinking skills as applied to the theories and research within the field of psychology.

- Discuss the various applications of psychological principles within current and future personal and work-related areas of life.

- Apply concepts learned to the external behavioral world to foster further understanding of both individuals and groups.

- Critically assess trends and issues in psychology that has an impact on the students' chosen disciplines.

Course Format:

This course uses a variety of teaching/learning methods including discussion, personal reflection, experiential exercises, student presentations, role-plays, group activities and especially case studies. Our faculty aims to create a learning environment where the learner is actively engaged in inquiry, critical

thinking and problem solving. The classroom provides you with a place where you can learn with and from others in a cooperative and collaborative manner.

You are expected to take a very active part in class discussions and take responsibility for your own learning. Be a positive and co-operative team member. Columbia College uses a facilitation model of instruction where the facilitator's role is to facilitate your learning. The expectation is that you will come to class prepared with pre-class homework completed. Your facilitator will engage you in activities that are based on your completed homework and readings. Your enthusiastic and positive approach in the classroom will create an atmosphere that will help every student develop the knowledge, skills and attitudes that are needed for success.

How you conduct yourself in our classes will, to a large extent, mirror your conduct in society and your future work site. For example, if you have a tendency to ask questions, challenge the ideas of others in a respectful manner, draw out the best from your colleagues, and encourage both group development and task accomplishment in this class, it is likely you will do the same at work. A high level of student involvement and developing professionalism is expected in the classroom as you work towards your goal.

Required Textbooks and Equipment:

Wood, S.E., Wood, E.G., Boyd, D., Wood, E., and Desmarais, S. (2017). *The World of Psychology; DSM-5 Update Ed. (8th ed.).* Toronto, ON: Pearson Education Canada.

Recommended Readings and Resources:

Students may access these sources from the College and from home.

ProQuest Nursing and Allied health, Canadian Business and Current Affairs, and Canadian Newsstand

- o   http://proquest.umi.com/login
    User Name: cc-library
    Password: welcome

GALE InfoTrac Custom Journals
- o   http://infotrac.galegroup.com/itweb/calg145?db=SP00
    Password: cclibrary09

Also, use other academic sources such as Google Scholar.

Homework Assignment Due for the First Class:

1. Read Chapters 1 & 2 in the text, *The World of Psychology*.
2. Prepare for a graded test based on the assigned readings.
3. As a result of your reading assignment, be prepared to discuss the concepts discussed in these chapters. Prepare three questions relating to the material, to be handed in to the facilitator at the beginning of class.
4. Read this course outline and prepare to discuss in class.

Evaluation - Assessment of Student Performance:

The final grade in the course will be based on the following elements. Wherever possible facilitators will use rubrics to assess your performance and offer feedback.

Title of Assignment/Examination	Due Date	Weight
Daily Tests – Pre-Class	Classes 1-7	30%
Unit Exam 1	Class 3	20%
Unit Exam 2	Class 6	20%
Final exam	Class 8	30%

Please note that all homework and assignments are due at the beginning of each class.

Grading:

Grades for each component will be added together at the end of the semester. The final total will be translated to the Columbia College's 4.0 grading scale as follows:

Marking and Grading Conversion:

Description	Letter Grade	Grade Points	Percentage Scale	
Excellent	A+	4.0	100	95
	A	4.0	94	90
	A-	3.7	89	85
Good	B+	3.3	84	80
	B	3.0	79	75
	B-	2.7	74	70
Satisfactory	C+	2.3	69	65
	C	2.0	64	60
	C-	1.7	59	55
Poor	D	1.0	54	50
Failure	F	0.0	49	0

Please note that to pass this course you must earn at least a "D" (a minimal pass). Practical Nurse students must achieve a C+ in order to pass this course.

Submission and Completion of Assignments:

You are expected to submit assignments by the due date. Any late assignments may be assessed a marking penalty of 5% per day. If you are unable to submit an assignment on the due date, you must request an extension **before** the due date by filling out an *Application for Assignment Extension form (SSPP-F012)* that is to be submitted to the Department Chair for approval. This form is available on Columbia's website, Bldg. 802 – Main Office and from Department Chairs.

Requesting an Examination Deferral:

If you are requesting an exam to be deferred, you must submit an Application for *Deferred Examinations form (SSPP-F012)* to the Department Chair **within 48 hours of the missed examination date and time**. Applications for deferred examinations will only be considered due to medical or personal emergency. A medical certificate or other appropriate documentation may be required. This form is available on Columbia's website under Forms, Bldg. 802-Main Office and from Department Chairs. There is a fee for Exam Deferral.

Attendance Requirements:

Columbia College believes that student are committed to their program and learning experiences. However, it is understood that there are times when students may be absent. Any absences can be viewed as a potentially serious disruption of the learning process and necessary achievement of the learning objectives. Being late is also considered unacceptable as it interferes with the learning opportunities of others. Unavoidable absences or lateness must be reported to the course facilitator in advance. Please refer to Columbia College's *Attendance Policy and Regulations (ADM-P151)* for detailed information on Attendance Requirements.

Academic Integrity:

Academic dishonesty is a serious offence and can result in suspension or expulsion from Columbia College.

There is no tolerance for academic dishonesty and any student caught plagiarizing is subject to serious sanctions as outlined in the *Student Code of Conduct Policy (ADM-P229)*. Students are encouraged to familiarize themselves with this policy and avoid any behavior that could possibly be seen as cheating, plagiarizing, misrepresenting, or putting into question the integrity of one's academic work.

Student Conduct:

It is the responsibility of each student to uphold the expectations and responsibilities outlined in the *Student Code of Conduct Policy (ADM-P229), Columbia College's Commitment to Human Rights and Diversity Policy (ADM-079),* and any additional requirements established by your program.

Generally, each student will:
- be respectful and courteous toward others;
- demonstrate appropriate and supportive communication skills, and coach, assist, advise and otherwise support other students in their studies;
- manage any personal stress and conflict in a positive and resourceful manner, and assist others to do the same;
- be dressed in a manner appropriate for their workplace or learning environment, as established by the program;
- conduct themselves in a professional manner with regard to their communication with others and their behavior in class;
- conduct themselves with academic integrity in all of their learning activities, tests, exams, and assignments
- keep up with day-to-day classroom and course expectations.

Important Dates:

Description	*Date*
Last to add/drop courses	5 school operating days from the start of the semester OR before the third scheduled class, whichever is greater
Last day to withdraw without academic penalty	50% or less of the semester has been completed
Final Examination	A final exam may take many formats. If a final exam is scheduled, it will be taken in an assigned room under the supervision of a Test Proctor. <u>Students must be on time as they will not be permitted to enter once the exam has started.</u> Exam schedules are available in each building on a bulletin board, as well as online at www.columbia.ab.ca/exams. <u>It is the student's responsibility to check this exam posting.</u>

Appeals:

Please refer to the *Student Appeal Policy (ADM-P177).*

Students with Temporary or Permanent Disabilities or Medical Condition:

Students with temporary or permanent disabilities or medical condition may apply for accommodations. To be considered for an accommodation, a student must register with Columbia College's Accessibility Services by making an appointment with an Accessibility Services Advisor – Main Office – Bldg. 802 or emailing accessibilityservices@columbia.ab.ca. The Department Chair or facilitator is not able to provide you with any accommodations without you taking this step. Please refer to Columbia College's website to review *the Student Accommodation Policy and Student Guide to Accessibility Services.*

Student Support:

Students should be aware that Life Coaching, Career and Accessibility Services, and Student Support Services (i.e. tutoring, academic strategists, etc.) are provided by Columbia College. Inquire how to request these services at the Main Office in building 802. It is the student's responsibility to discuss their specific learning needs with the appropriate service provider.

Class Schedule/Overview:

Please note that this schedule is subject to change. Any changes or cancellations will be emailed to you. It is your responsibility to check the email address you have given to the school on a daily basis for any messages from the Department Chair/designate, facilitator or College Administration. It is the student's responsibility to be familiar with the information contained in the Course Outline and to clarify any areas of concern with the facilitator.

Class Session	Topics	Pre-Class Readings
Class 1 **Mon, Feb. 5th**	• Test on Pre-Class Reading • Introduction to Psychology • Biology and Behaviour	• Chapters 1 & 2
Class 2 **Wed, Feb. 7th**	• Test on Pre-Class Reading • Sensation and Perception • States of Consciousness	• Chapters 3 & 4
Class 3 **Sat, Feb. 10th**	• *Unit Test #1 (Covering Ch. 1-4)* • Test on Pre-Class Reading • Learning • Memory	• Chapters 5 & 6
Class 4 **Mon, Feb. 12th**	• Test on Pre-Class Reading • Cognition, Language and Intelligence	• Chapter 7
Class 5 **Wed, Feb. 14th**	• Test on Pre-Class Reading • Development • Motivation and Emotion	• Chapter 8 & 9
Class 6 **Sat, Feb. 17th**	• *Unit Test #2 (Covering Ch. 5-9)* • Test on Pre-Class Reading • Social Psychology • Personality Theory and Assessment • Health and Stress	• Chapter 10, 11, 12
Mon, Feb. 19th	• **Family Day Holiday**	**No Classes**
Class 7 **Wed, Feb. 21th**	• Test on Pre-Class Reading • Psychological Disorders • Therapies	• Chapter 13 & 14
Class 8 **Friday, Feb. 23rd**	• **Final Exam**	•

Appendix 1
Assignment Outlines

Please note: Students must complete all assignments, tests and Final Exam to pass this course.

Daily Tests
Due Date: Each class from classes 1 through 7.
Weight: 30%

Students will be expected to read the assigned chapters in the text and other assigned readings and be prepared to write a graded test based on these reading assignments.

Unit Exam 1
Due Date: Class 3, Saturday Feb. 10th
Weight: 20%

This will be an in class unit test to be written in the last hour of the class. The test will cover the content from chapters 1-4. The exam may consist of a combination of multiple-choice, short and long answer writing questions.

Unit Exam 2
Due Date: Class 6, Saturday Feb. 17th
Weight: 20%

This will be an in class unit test to be written in the last hour of the class. The test will cover the content from chapters 5-9. The exam may consist of a combination of multiple-choice, short and long answer writing questions.

Final Exam
Due Date: Class 8, Wednesday, Feb. 21st
Weight: 30%

Students will be required to write a final exam covering the content of classroom learning and assigned text and other readings. The exam may consist of a combination of multiple-choice, short and long answer writing questions. 70% of the final exam will be on chapters 10-14; 30% of the exam will be on the previous material covered in the course..