

Columbia College

Leadership, Team Building and Conflict Resolution (ADPR113)

Lecture 1

Course Outline

Semester Dates: February 08, 2016 - March 12, 2016

Please note that when a holiday falls during the week, your class will be rescheduled for the Friday of that week. Students are required to make arrangements to be present at the rescheduled class.

Facilitator: Lucy Taylor, PhD. Email: lucyt@columbia.ab.ca

Class Time: 8:30 am - 5:00 pm (Sat.)

805-111 (March 5th only)

Credit: 3.0 Prerequisite: PSYC110

Note: It is the student's responsibility to be familiar with the information contained in the Course Outline and to clarify any areas of concern with the facilitator.

Course Description:

This course will focus on how to work cooperatively and communicate effectively with others in successful teams. The student will study group dynamics, explore strategies for forming teams, establishing team goals, using effective team behaviours, and acquiring team leadership. Students will also study various conflict management models.

Learning Outcomes:

As a result of active participation in these sessions, a student can expect to:

- Become familiar with group dynamics and how to be part of productive working team/group relationships.
- Learn the tools for working in successful team (how to relate to others and team members in a positive, respectful way, build effective relationships with people at all levels of the organization).
- Understand how to manage workplace conflict (recognize how you and others react to conflict and know how best to address conflict more constructively, handle recurrent conflict, resolve issues with colleagues and preserve good working relationships under workplace stress).
- Learn group problem-solving and decision-making to reach a well-considered decision.
- Increase cultural competence (understand how to work effectively with people from other cultures and backgrounds within an environment of involvement and acceptance).
- Show drive and initiative, a commitment to invest yourself in the workplace with other team members and make you invaluable to your organization.
- Learn techniques for leading teams, how to lead and take the right action, i.e. "do what is right" and how to demonstrate inspiring leadership.
- Foster open communication, and create and environment in which work colleagues can share opinions and ideas with you.
- Speak with impact, write effectively and listen attentively (showing a genuine interest in others and the ability to clarify what has been heard and demonstrate understanding) to team / group members.

Course Format:

This course uses a variety of teaching/learning methods including discussion, personal reflection, experiential exercises, student presentations, role-plays, group activities and especially case studies. Our faculty aims to create a learning environment where the learner is actively engaged in inquiry, critical thinking and problem solving. The classroom provides you with a place where you can learn with and from others in a cooperative and collaborative manner.

You are expected to take a very active part in class discussions and take responsibility for your own learning. Be a positive and co-operative team member. Columbia College uses a facilitation model of instruction where the facilitator's role is to facilitate your learning. The expectation is that you will come to class prepared with pre-class homework completed. Your facilitator will engage you in activities that are based on your completed homework and readings. Your enthusiastic and positive approach in the classroom will create an atmosphere that will help every student develop the knowledge, skills and attitudes that are needed for success.

How you conduct yourself in our classes will, to a large extent, mirror your conduct in society and your future work site. For example, if you have a tendency to ask questions, challenge the ideas of others in a respectful manner, draw out the best from your colleagues, and encourage both group development and task accomplishment in this class, it is likely you will do the same at work. A high level of student involvement and developing professionalism is expected in the classroom as you work towards your goal.

Required Textbooks and Equipment:

Haig, J., MacMillan, V., Raikes, G., (2014). *Cites & Sources – An APA Documentation Guide, Fourth Edition*. Toronto, ON: Nelson Education Ltd.

Johnson, D, Johnson, F. (2013) *Joining Together, Group Theory and Group Skills*. (11th Edition). Toronto, ON: Pearson Education Canada Inc. ISBN 978-0-13-267813-1.

Recommended Readings and Resources:

Students may access these sources from the College and from home.

ProQuest Nursing and Allied Health, Canadian Business and Current Affairs, and Canadian Newsstand

http://proquest.umi.com/login
 Username: cc-library
 Password: welcome

GALE InfoTrac Custom Journals

http://infotrac.galegroup.com/itweb/calg145?db=SP00

Password: cclibrary09

Further Recommended Readings and Resources:

ADOLPHE, M. (2013) Canadian Workplace Culture: Mastering the Unspoken Rules. Red Deer: Bold Publ.

CHEINIS, E, & SPROULE, D. (2008) How to Find a Job in Canada: Common Problems and Effective Solutions. Don Mills, ON: Oxford University Press.

Homework Assignment Due for the First Class:

- 1. Read Chapters 1 2, 3 & 4 (for class sessions 1 & 2—as outlined on page 7).
- 2. Please note that a Saturday class has two classes: the first class is from 8:30 am to 12:30pm and second class is from 1:00pm and 5:00pm.
- 3. Since the text is meant to be an interactive experience with a focus on self-awareness, please do the following exercises as you are reading along: p. 3, Self Diagnosis, p. 8, What is the Best Way to Define a Group, p. 10, Barriers to Capitalizing on the Power of Groups, and p. 20, Types of Groups. There will be similar self-awareness assignments for most of the chapters you will be reading.

Evaluation - Assessment of Student Performance:

The final grade in the course will be based on the following elements. Wherever possible facilitators will use rubrics to assess your performance and offer feedback.

Title of Assignment/Examination	Due Date	Weight
Daily Quizzes	Classes 1 through 8	20%
Daily Summary Activity	Classes 1 through 8	10%
Presentation	Class 8 or 9	20%
Research Assignment	Class 8	20%
Final Exam	Class 10	30%

Please note that all homework and assignments are due at the beginning of each class.

Grading:

Grades for each component will be added together at the end of the semester. The final total will be translated to the Columbia College's 4.0 grading scale as follows:

Marking and Grading Conversion:

Description	Letter Grade	Grade Points	Percentage Scale	
	A+	4.0	100	95
Excellent	Α	4.0	94	90
	A-	3.7	89	85
	B+	3.3	84	80
Good	В	3.0	79	75
	B-	2.7	74	70
	C+	2.3	69	65
Satisfactory	С	2.0	64	60
	C-	1.7	59	55
Poor	D	1.0	54	50
Failure	F	0.0	49	0

Please note that to pass this course you must earn at least a "D" (a minimal pass).

Submission and Completion of Assignments:

You are expected to submit assignments by the due date. Any late assignments may be assessed a marking penalty of 5%. If you are unable to submit an assignment on the due date, you must request an extension **before** the due date by filling out an *Application for Assignment Extension form (SSPP-F012)* that is to be submitted to the Department Chair for approval. This form is available on Columbia's website, Bldg. 802 – Main Office and from Department Chairs.

Requesting an Examination Deferral:

If you are requesting an exam to be deferred, you must submit an Application for *Deferred Examinations* form (SSPP-F012) to the Department Chair within 48 hours of the missed examination date and time. Applications for deferred examinations will only be considered due to medical or personal emergency. A medical certificate or other appropriate documentation may be required. This form is available on Columbia's website, Bldg. 802-Main Office and from Department Chairs.

Attendance Requirements:

Columbia College believes that student are committed to their program and learning experiences. However, it is understood that there are times when students may be absent. Any absences can be viewed as a potentially serious disruption of the learning process and necessary achievement of the learning objectives. Being late is also considered unacceptable as it interferes with the learning opportunities of others. Unavoidable absences or lateness must be reported to the course facilitator in advance. Please refer to Columbia College's *Attendance Policy and Regulations (ADM-P151)* for detailed information on Attendance Requirements.

Academic Integrity:

Academic dishonesty is a serious offence and can result in suspension or expulsion from Columbia College.

There is no tolerance for academic dishonesty and any student caught plagiarizing is subject to serious sanctions as outlined in the *Student Code of Conduct Policy (ADM-P229)*. Students are encouraged to familiarize themselves with this policy and avoid any behavior that could possibly be seen as cheating, plagiarizing, misrepresenting, or putting into question the integrity of one's academic work.

Student Conduct:

It is the responsibility of each student to uphold the expectations and responsibilities outlined in the *Student Code of Conduct Policy (ADM-P229)* and any additional requirements established by your program.

Generally, each student will:

- · be respectful and courteous toward others;
- demonstrate appropriate and supportive communication skills, and coach, assist, advise and otherwise support other students in their studies;
- manage any personal stress and conflict in a positive and resourceful manner, and assist others to do the same;
- be dressed in a manner appropriate for their workplace or learning environment, as established by the program;
- conduct themselves in a professional manner with regard to their communication with others and their behavior in class:
- conduct themselves with academic integrity in all of their learning activities, tests, exams, and assignments
- keep up with day-to-day classroom and course expectations.

Important Dates:

Date Description Last to add/drop courses 5 school operating days from the start of the semester OR before the third scheduled class, whichever is greater Last day to withdraw without academic penalty 50% or less of the semester has been completed Final Examination A final exam may take many formats. If a final exam is scheduled, it will be taken in an assigned room under the supervision of a Test Proctor. Students must be on time as they will not be permitted to enter once the exam has started. Exam dates, times, and location are posted by the main office Bldg. 802 and by the library in Bldg. 4. It is the student's responsibility to check this exam posting.

Appeals:

Please refer to the Student Appeal Policy (ADM-P177).

Students with Temporary or Permanent Disabilities:

Students with temporary or permanent disabilities may apply for accommodations. To be considered for an accommodation, a student must register with Columbia College's Disability Services by making an appointment with a Disability Services Advisor – Main Office – Bldg. 802 or emailing accessibilityservices@columbia.ab.ca. The Department Chair or facilitator is not able to provide you with any accommodations without you taking this step. Please refer to Columbia College's website to review the Accommodation Policy and Handbook (ADM-P188).

Student Support:

Students should be aware that Life Coaching, Career and Disability Services, and Student Support Services (i.e. tutoring, academic strategists, etc.) are provided by Columbia College. Inquire how to request these services at the Main Office in building 802. It is the student's responsibility to discuss their specific learning needs with the appropriate service provider.

Class Schedule/Overview:

Please note that this schedule is subject to change. Any changes or cancellations will be emailed to you. It is your responsibility to check the email address you have given to the school on a daily basis for any messages from the Department Chair/designate, facilitator or College Administration. It is the student's responsibility to be familiar with the information contained in the Course Outline and to clarify any areas of concern with the facilitator.

Class Session	Topics	Pre-Class Readings
1	 Group Structure: Roles and Norms Roles and Status Stages of Group Development Procedural Learning Action Theories Principles of Experiential Learning 	 Chapter 1: GROUP DYNAMICS Chapter 2: EXPERIENTIAL LEARNING
2	 Learning How To Be A Participant- Observer Learning Group Skills Observing A Group In Action Skill Training Session 	 Chapter 3: GROUP GOALS, SOCIAL INTERDEPEDENCE AND TRUST Chapter 4: COMMUNICATION WITHIN GROUPS
3	 Learning How To Be A Participant-Observer (cont'd) Dynamic-Interdependence View of Power Power in Cooperative Context The Trait-Factor Approach to Power The Bases of Power 	 Chapter 5: EXPERIENTIAL LEARNING Chapter 6: USING POWER
4	 Individual versus Group Decisions Social Facilitation Group Polarization Changing Attitudes and Behavior Type of Task 	Chapter 7: DECISION MAKING
5	 Difference Of Opinion Leads To Inquiry, And Inquiry Leads To Truth Controversy And Decision Making Process Of Controversy Mediating Conditions Conflict Positive Group Conflict Of Interests Considerations For Using Strategies Rules for Conflicts 	Chapter 8: CONTROVERSY AND CREATIVITY Chapter 9: MANAGING CONFLICTS OF INTEREST
6	 Diversity: Beneficial Consequences Managing Diversity Sources of Diversity Barriers to Interacting With Diverse Peers Making Diversity a Strength Cooperative Learning Formal Cooperative Learning Monitor and Intervene 	Chapter 10: VALUING DIVERSITY Chapter 11: COOPERATIVE LEARNING IN THE CLASSROOM

Class Session	Topics	Pre-Class Readings
7	 Growth Groups Counseling and Therapy Groups Power of Group Experiences Unique Group Experiences Skills Needed For Leading Growth Groups Team versus Working Group Organizational Context 	 Chapter 12: LEADING GROWTH AND COUNSELING GROUPS Chapter 13: TEAM DEVELOPMENT, TEAM TRAINING
	Establishing / Forming the TeamDealing With Problem Behaviours	
8	Case StudiesResearch Assignment DuePresentations Begin	 Chapter 14: EPILOGUE (Conclusion)
9	Presentations ConcludeReview Material	PresentationsReview of course material
10	• Final Exam – 3 hrs.	• Final Exam – 3 hrs.

Appendix 1 Assignment Outlines

Research Assignment Due Date: Class 8 Weight: 20%

Description: You will investigate and prepare a report on the importance of having leadership and conflict management skills your area of specialization. Please select 5 important qualities/skills (you relate with) that a Human Service professional/leader must possess in order to succeed in your career. Please note that you can use your textbook as a reference in describing and identifying these qualities. Use a minimum of five academic references supporting your investigation. Your paper will have an introduction, main body, summary and conclusion. Besides the information found in the text, your paper must meet the following criteria:

- Have a word count of 1500 words
- Have minimum of 5 references using ProQuest and/or Gale; other reputable sources can be considered. If you are uncertain of the source, please check with the facilitator
- Follow APA citation and format.

Hand in your paper copy to your facilitator. It is due during the class of the due date — Class 8 - as stated in this syllabus. It is your responsibility to ensure that the facilitator has received your paper copy (which you have printed).

Please <u>avoid</u> emailing your **Research paper** (as your facilitator has to print out your paper and **does not** have immediate access to a printer or unlimited free printer ink for multiple student papers).

Quizzes

Due Date: Each class from Classes 1 through 8

Weight: 20%

Description: Students will be expected to read the assigned chapters in the text and other assigned readings and be prepared to write a graded quiz based on these reading assignments.

Daily Summary Activity

Due Date: End of each class from Classes 1 through 8

Weight: 10% (1.25% per summary assignment)

Description: Students will conclude each of the classes with a summary of the day's topic that answers the following: "What did I learn? What do I need to know more about? What steps do I need to do to be successful in light of what I learned today?" Be sure to specifically refer to what was discussed during the class. Write in a reflective journaling style and turn your answers into the facilitator for grading. The paper will have a minimum length of 250 words and contain insight into each of these three questions. N. B. These three questions are there to guide your answers to this assignment, and your facilitator may give you different questions per class, depending on the lessons of the class.

Answers are to be written in the last 30 minutes of the class. No answers will be accepted that were prepared prior. If you are absent from the Summary Test, you will receive a "zero".

Presentation

Due Date: Class 8 or 9

Weight: 20%

Description: Each student will make a 10- to 15-minute PowerPoint presentation on his or her Research Assignment and be prepared to respond to questions from class members. Students will be evaluated according to the attached rubric.

Final Exam Due Date: Class 10 Weight: 30%

Description: Your final exam is a reflective paper that will demonstrate your understanding of your leadership role in human services. You will be assigned a topic (in this area) to write on at the test centre.

Appendix 2 Assignment Rubrics

Columbia College Research Rubric Last Revised: February 2014

Student's Name		Course Code	Date	Facilitator/Evaluator's Name	
Area	A 10-8	B 7	C-D 6-5	F 4-0	core
Content, Ideas & Analysis	 Clear research focus. Displays extensive indepth knowledge of the topic. Critically synthesizes and evaluates information. Clearly supports statements made with evidence and examples. Quality of research is excellent 	 Reasonably clear research focus. Displays good knowledge of the topic. Demonstrates careful analysis, synthesis and evaluation of information. Clearly supports most statements with evidence and examples. Quality of research is good. 	 Research focus is not totally clear. Displays limited basic knowledge of the topic. .Displays limited critical analysis, synthesis, and evaluation of information. Most statements are unsupported with evidence and examples. Quality of research could be improved. 	 Research focus is unclear. Unable to display relevant understanding of the topic. Critical thinking not evident. Assertions are unsupported. No evidence of new knowledge. No support for statements made. Quality of research is poor. 	
Style Expression of Ideas	 Uses highly effective, clearly focused, varied sentences, addressing audience and purpose. Conveys all ideas with originality and clarity. Uses rich, accurate and effective word choice. 	 Mostly uses effective, well structured, focused, varied sentences, addressing audience and purpose. Conveys most ideas with originality and clarity. Uses accurate and effective word choice. 	 Demonstrates limited attempts at creating varied sentences to address audience and purpose. Often sentences are somewhat awkward. Conveys some ideas clearly. Uses vague, ineffective word choice. 	 Uses simplistic sentence structures that are awkward and do not address audience and purpose. Most ideas are not conveyed clearly. Inadequate word choice. 	

Area	A 10-8	B 7	C-D 6-5	F 4-0	Score
Use of Supporting Information	 Uses relevant, timely, extensive and varied sources to convince. Uses paraphrasing and summarizing expertly. Shows smooth integration of quoted material into sentences and overall paper. 	 Uses relevant, timely and varied sources to convince. In most cases paraphrasing and summarizing is well done. Quotes and evidence are integrated well into sentences and overall paper. 	 Uses limited resources that are not well selected to support the response. Uses limited paraphrasing and summarizing. Quotes and evidence poorly integrated into sentences and overall paper. 	 Lacks fundamental resources to write an effective response. Inadequate reference support. Inadequate use of paraphrasing and summarizing. Quotes and evidence not integrated into sentences and overall paper. 	
Organization and Structure	 Presents information is in a consistently logical structure. Shows sophisticated development of paragraph and sentence structure, with effective transitions. Shapes introduction and conclusion skillfully. Carefully structures body of paper to support argumentation, including counter arguments. 	 Presents information in a logical structure. Shows well developed paragraph and sentence structure with effective transitions. Shapes introduction and conclusion carefully. Carefully structures body of paper to support argumentation with some reference to counter arguments. 	 Presents information in a random manner, lacking in logical structure. Paragraph and sentence structure is often faulty, using a few simple transitions. Introduction and conclusion are vague and unfocused. Body of paper does not reveal good argumentation with little to no reference to counter arguments. 	 Presents poor overall organization, lacking logical structure. Paragraphs lack focus and appropriate structure; sentence structures are simplistic, lacking development and transition. Lacks introduction and/or conclusion and body of paper poorly developed. Lacks argumentation and reference to counter arguments. 	
Mechanics, Grammar, Professional Format	 Mainly error free. Uses APA citation correctly. 	 A few minor errors in usage, grammar, or mechanics. Generally uses APA citation correctly. 	 Frequent errors in usage, grammar, and mechanics, beginning to interfere with the readability and meaning of the paper. Uses APA citation inconsistently and has errors. 	 Numerous errors in usage, grammar, and mechanics, affecting the readability and meaning of the paper. Many errors in APA citation, demonstrating lack of citation knowledge. 	

Plagiarism: A "0" grade will be given to a paper where significant sections of the paper were copied from other, unattributed sources.

Total Score out of 50:	
Facilitator/Evaluator's Comments:	

Columbia College Reflective Writing Rubric Last Revised: March 2014

Student's Name	Course Code Date Facilitator/Evaluator's N		/Evaluator's Name		
Skills	5	4	3	2	1
Depth of Reflection	Reflection reveals a thorough insight of the subject matter with the student digging deeply to present well thoughout reflections.	Reflection reveals insight into the subject matter. Often there are thoughtful statements.	Reflection reveals a basic understanding of the subject matter with an effort at reflection. At times, reflective statements are evident.	Reflection is limited. The writer produces some basic understanding of the subject matter.	Little to no reflection is present.
Use of Examples / Evidence	Uses specific and convincing examples to support reflective statements.	Uses well-chosen examples to support reflective statements. A more convincing presentation would strengthen the response.	Uses some examples to support understanding of the subject matter and reflections.	Uses limited number of examples to support understanding of the subject matter. This seriously affects the integrity of the reflection process.	Uses little to no examples.
Cohesiveness of Response	This reflection provides a clear picture of the student's thinking on this subject matter. Thoughts are presented in a good logical, convincing order.	This reflection gives a good understanding of the student's thinking on this subject matter. Thoughts are usually presented in a clear and logical way.	Most of the time this reflection provides an acceptable indication of the student's thinking on this subject matter. Most of the time thoughts are presented in a sequential manner.	This attempted reflection does not provide a clear picture of the student's thinking on this subject matter. Thoughts are often presented in an inconsistent and illogical order.	This response is confusing and ideas do not tie together.

Skills	5	4	3	2	1
Conventions	Demonstrates control of the writing conventions with essentially no errors.	Demonstrates control of the writing conventions with occasional errors.	Demonstrates some control of the writing conventions with errors that do not yet interfere with understanding.	Demonstrates limited control of the writing conventions with frequent errors that make understanding difficult.	Demonstrates little or no control of the writing conventions with errors that make understanding almost impossible.

Total out of 20:

Comments:

Columbia College Oral Presentation Rubric Last Revised: January 23, 2014

Student's Name		Course Code	Date	Facilitator/Evaluator's Name)
Area	A (85% - 100%) 10.0 - 7.0	B - C- (55% - 84%) 6.9 – 5.5	D (50% - 54%) 5.4 - 5.0	F (0 - 49%) 4.9 - 0	Score
Organization	 Creates introduction that is unique, clearly focused and engages the audience. Organizes content logically, making entire presentation easy to follow. Builds main points through carefully selected and original examples/ references. Has effective transition between sections. Summarizes all key points and stimulates thought at the end. 	 Creates introduction that is original, clearly focused and gets the attention of the audience. Organizes content logically, making most of the presentation easy to follow. Builds main points through carefully selected examples/references. Has a transition between most sections. Summarizes most key points and stimulates some thought at the end. 	 Creates an introduction that tends to be unfocused. Doesn't engage the audience's interest. Content appears disorganized, without logic and consistency. Builds a few main points with details, but most ideas are unsupported. Few to no transitions are evident. Little to no summarizing evident. Ending does not stimulate much thought. 	 Presentation shows little to no logical organization. Content is difficult to follow. Not a thoughtful presentation. 	
Content	 Provides evidence of supporting research to back all main points. Gives a complete explanation of all key points. Uses relevant examples/references. 	 Provides evidence of supporting research. To back most points. Gives an explanation of most key points. Uses some relevant examples/ references. 	 Provides evidence that not enough research has been done to support the content. Gives an incomplete explanation of key points. Uses a few relevant examples/ references. 	 Indicates little to no research. Gives a limited explanation of a few points. Uses little to no examples/ references. 	

Area	A (85% - 100%) 10.0 - 7.0	B - C- (55% - 84%) 6.9 – 5.5	D (50% - 54%) 5.4 - 5.0	F (0 - 49%) 4.9 - 0	Score
Delivery Style: Nonverbal Effectiveness	 Demonstrates ease and confidence through carefully maintained posture, poise, and facial expression. Uses continual eye contact. 	 Demonstrates confidence through most of the presentation with careful posture, poise, and facial expression. Uses fairly consistent eye contact. 	 At times demonstrates developing confidence in presenting content. At times uses posture, poise, and facial expression to support presentation. Uses eye contact inconsistently. 	 Shows lack of ease in presenting through poor posture, lack of poise, and lack of facial expression. Uses poor to no eye contact. 	
Delivery Style: Verbal Effectiveness	 Conveys passionate interest for the topic. Speaks naturally at a moderate rate with correct pronunciation, enunciation and volume. Uses few unnecessary pauses "ums". Makes no obvious grammatical errors. Uses cue cards or other supports effectively and does not read the presentation. Uses rich, precise, and varied vocabulary. Well-rehearsed and prepared. 	 Conveys enthusiasm for the topic. Most of the time speaks clearly at a moderate rate with correct pronunciation, enunciation and volume. Uses few unnecessary pauses "ums". Makes few grammatical errors. Most of the time uses cue cards or other supports appropriately, without reading the presentation. Uses well-chosen and varied vocabulary. 	 Demonstrates minimal enthusiasm for the topic. Speaks with some lack of clarity in pronunciation and enunciation with varying volume and rate of speech. Uses too many unnecessary pauses ("ums"), distracting from the presentation. Makes some grammatical errors. Tends to not use cue cards effectively and mostly relies on reading the presentation. Uses ineffective vocabulary. 	 No enthusiasm is conveyed for the topic Speech is unclear with poor enunciation and incorrect pronunciation. Volume and rate of speech are often inappropriate, making comprehension difficult. Uses too many unnecessary pauses "ums", making comprehension difficult. Makes frequent grammatical errors. Reads presentation. Uses inappropriate or simplistic vocabulary. 	

Total Score out of 40:

Facilitator/Evaluator's Comments: