

WE ARE ONE

Dr. J.T. (Tom) Snell

No matter how we may have been brought up to see each other differently, we are all quite simply **human beings**.

Regardless of where we were born, the language we speak, or the color of our skin, we are all human beings.

Regardless of the homes we live in, the foods we eat, the furniture we sit on, the jewelry, shoes, hats, or clothes that cover our bodies, or our means of transportation, we are all human beings.

Regardless of our view of past, present, or future events, our political preferences, behaviours, mannerisms, customs, religious or spiritual beliefs, or our family practices, we are all still human beings.

Regardless of our physical appearance or mental ability, our strengths or weaknesses, our body height or weight, how fast we can run or how high we can jump, in the end we are all still human beings.

Regardless of our social behaviour, the music we listen to, how we dance, the games we play and the books we read, or how we celebrate special occasions, we are all still human beings.

Regardless of what age or sex we are, the amount of education we have, how much money we earn, the type of work we do, the title of our position, the location of our office, or how many people we supervise, we are simply human beings.

As human beings we feel joy, excitement and exhilaration from our successes and achievements and sadness, despair and grief from our failures and losses.

And as human beings each of us needs love, nurturing, understanding, support, guidance, affection, recognition, praise, tenderness, compassion, acceptance and help from others. Further, each of us deserves to be treated with respect, courtesy, consideration, and humility because we are all, quite simply, human beings.

The questions we must now ask ourselves are, “Am I a human being?” and “Do I treat others equally, as human beings?” If the answer to the second question is no, then one must determine, “What do I need to do to change my view of others?”