



Columbia College

Fundamentals of Effective Interpersonal Communication (COMM115)

Course Outline

Semester Dates: August 4, 2026, to September 5, 2026

Please note that when a holiday falls during the week, your class will be rescheduled for the Friday of that week. Students are required to decide to be present at the rescheduled class.

Facilitator: Sage McIntosh

Email: sage.mcintosh@columbia.ca

Class Time: Thursdays from 5:30PM to 9:30PM and
Saturdays 12:30PM to 4:30PM

Room: COMM115 Microsoft Teams Invite and
COMM115 Moodle Page

Credit: 3

Prerequisite: None

Note: It is the student's responsibility to be familiar with the information contained in the Course Outline and to clarify any areas of concern with the facilitator.

Course Description:

Successful, healthy, and productive interpersonal relationships form the foundation of human services work and education assistant support. This course focuses on building self-awareness, the communication process, and the development of professional communication skills.

Learning Outcomes:

As a result of active participation in these sessions, a student can expect to:

- Explore and evaluate the role of effective communication in establishing and maintaining effective interpersonal and professional relationships.
- Explain how the self develops and apply this information to how you would work with others and how the behavior of others is influenced by the development of the self.
- Demonstrate how to assist oneself and others to improve self-concept.
- Identify personal communication style and develop an awareness of the importance of value clarification in communication.
- Demonstrate the application of the principles of verbal and non-verbal communication to professional situations and case studies.
- Synthesize the information on how the communication of emotion directly and indirectly impacts the ability to foster individual growth and the quality of relationships and apply its principles to communication effectiveness.
- Explore how the verbal dimension of communication reflects cultural values and perspectives and impacts on communication with Canadian society.

Course Format:

This 45-hour online course uses a variety of teaching/learning methods including discussion, personal reflection, experiential exercises, student presentations, role-plays, group activities and especially case studies. Our faculty aims to create an online synchronous and asynchronous learning environment where the learner is actively engaged in inquiry, critical thinking and problem solving. The online delivery provides you with a place where you can learn with and from others in a cooperative and collaborative manner.

You are expected to take a very active part in class discussions and take responsibility for your own learning. Be a positive and co-operative team member. Columbia College uses a facilitation model of instruction where the facilitator's role is to facilitate your learning. The expectation is that you will come to class prepared with pre-class homework completed. Your facilitator will engage you in activities that are based on your completed homework and readings. Your enthusiastic and positive approach in the classroom will create an atmosphere that will help every student develop the knowledge, skills and attitudes that are needed for success.

How you conduct yourself in our online classes will largely mirror your conduct in society and your future work site. For example, if you tend to ask questions, challenge the ideas of others in a respectful manner, draw out the best from your colleagues, and encourage both group development and task accomplishment in this class, it is likely you will do the same at work. A high level of student involvement and developing professionalism is expected in the classroom as you work towards your goal.

Required Textbooks and Equipment:

Floyd, K. (2024). *Interpersonal communication*. McGraw-Hill.

Recommended Readings and Resources:

Students may access these other academic sources such as those available in the Columbia College E-Brary in their respective Moodle/Portal Course Page.

The most recommended for use are:

- ProQuest
- ERIC
- Google Scholar (limited access).

Homework Assignment Due for the First Class:

- Read this course outline and prepare to discuss it in class.
- Read Chapters 1 and 2 in the text,
- Prepare to write a daily test on the assigned readings. |

Evaluation - Assessment of Student Performance:

The final grade in the course will be based on the following elements. Wherever possible, facilitators will use rubrics to assess your performance and offer feedback.

Title of Assignment	Due Date	Weight
Daily Tests	Classes 1 through 10	20%
Asynchronous Activities	Classes 2, 6 & 8	15%
In-Class Mini Presentation	Class 3	10%
Critical Response Paper	Class 7	25%
Group Oral Presentation	Class 9	20%
Final Reflective Response (on Presentation)	Class 10	10%

Please note that all homework and assignments are due 11:59PM on the day of class unless otherwise noted.

Grading:

Grades for each component will be added together at the end of the semester. The final total will be translated to Columbia College's 4.0 grading scale as follows:

Marking and Grading Conversion:

Description	Letter Grade	Grade Points	Percentage Scale	
Excellent	A+	4.0	100	95
	A	4.0	94	90
	A-	3.7	89	85
Good	B+	3.3	84	80
	B	3.0	79	75
	B-	2.7	74	70
Satisfactory	C+	2.3	69	65
	C	2.0	64	60
	C-	1.7	59	55
Poor	D	1.0	54	50
Failure	F	0.0	49	0

Please note that to pass this course you must earn at least a "C+" (a minimal pass).

Submission and Completion of Assignments:

You are expected to submit assignments on the due date. Any late assignments may be assessed a marking penalty of 5% per day. If you are unable to submit an assignment on the due date, you must request an extension **before** the due date by filling out an *Application for Assignment Extension form (SSPP-F012)* that is to be submitted to the Department Chair for approval. This Microsoft Form is available on your COMM115 Microsoft Team General Channel.

Attendance Requirements:

Columbia College believes that students are committed to their program and learning experiences. However, it is understood that there are times when students may be absent from synchronous online classes. Any absences can be viewed as a potentially serious disruption of the learning process and the necessary achievement of the learning objectives. If you do not complete your assigned daily test, you are considered absent. Unavoidable absences or lateness must be reported to the course facilitator in advance. Please refer to Columbia College's *Attendance Policy and Regulations (ADM-P151)* for detailed information on Attendance Requirements. Students are expected to RSVP to all Microsoft Teams Invites sent by facilitator.

Academic Integrity:

Academic dishonesty is a serious offence and can result in suspension or expulsion from Columbia College.

There is no tolerance for academic dishonesty, and any student caught plagiarizing is subject to serious sanctions as outlined in the *Student Code of Conduct Policy (ADM-P229)*. Students are encouraged to familiarize themselves with this policy and avoid any behavior that could possibly be seen as cheating, plagiarizing, misrepresenting, or putting into question the integrity of one's academic work.

Student Conduct:

It is the responsibility of each student to uphold the expectations and responsibilities outlined in the *Student Code of Conduct Policy (ADM-P229)*, *Columbia's Commitment to Human Rights and Diversity Policy (ADM-P029)*, and any additional requirements established by your program.

Generally, each student will:

- be respectful and courteous toward others; this applies to both online synchronous classes and activities such as forum responses.
- demonstrate appropriate and supportive communication skills, and coach, assist, advise and otherwise support other students in their studies.
- manage any personal stress and conflict in a positive and resourceful manner and assist others to do the same.
- be dressed in a manner appropriate for their workplace or learning environment, as established by the program.
- conduct themselves in a professional manner about their communication with others and their behavior in class.
- conduct themselves with academic integrity in all their learning activities, tests, exams, and assignments.
- keep up with day-to-day classroom and course expectations.

Important Dates:

Description	Date
Last to add/drop courses	5 school operating days from the start of the semester OR before the third scheduled class, whichever is greater
Last day to withdraw without academic penalty	50% or less of the semester has been completed

Appeals:

Please refer to the *Student Appeal Policy (ADM-P177)*.

Students with Temporary or Permanent Disabilities or Medical Conditions:

Students with temporary or permanent disabilities or medical conditions may apply for accommodations. To be considered for an accommodation, a student must register with Columbia College's Accessibility Services by making an appointment with an Accessibility Services Advisor by emailing accessibilityservices@columbia.ca. The Department Chair or facilitator is not able to provide you with any accommodations without you taking this step. Please refer to Columbia College's website to review *the Student Accommodation Policy (ADM-P188)* and *the Student Guide to Accessibility Services Handbook (SSCM-001)*.

Student Support:

Students should be aware that Life Coaching, Career and Accessibility Services, and Student Support Services (i.e. tutoring, academic strategists, etc.) are provided by Columbia College. Inquire how to request these services from your Program Chair. It is the student's responsibility to discuss their specific learning needs with the appropriate service provider.

Class Schedule/Overview:

Please note that this schedule is subject to change. Any changes or cancellations will be emailed to you. It is your responsibility to check your Columbia College email daily for any messages from the Program Chair/designate, facilitator or College Administration. It is the student's responsibility to be familiar with the information contained in the Course Outline and to clarify any areas of concern with the facilitator.

Class	Topics	Pre-Class Readings
1	• Introductions • About Communication • Culture and Gender	• Course Outline • Chapter 1 • Chapter 2
2	• Communication and self	• Chapter 3 • Asynchronous Activity #1
3	• Interpersonal Perception	• Chapter 4 • In-class Mini Presentation
4	• Language	• Chapter 5
5	• Non-Verbal Communication • Listening	• Chapter 6 • Chapter 7
6	• Emotion	• Chapter 8 • Asynchronous Activity #2
7	• Forming and Maintaining Personal Relationships	• Chapter 9 • Critical Response Paper due
8	• Interpersonal Communication in Close Relationships	• Chapter 10 • Asynchronous Activity #3
9	• Interpersonal Conflict	• Chapter 11 • Final Presentations
10	• Deceptive Communication • Course Evaluations • Course Wrap-Up	• Chapter 12 • Final Reflective Project due

Appendix 1 Assignment Outlines

Please note: Students must complete all assignments, tests, and final projects to pass this course.

Daily Tests

Due Date: Each class from classes 1 through 10.

Weight: 20%

Students will be expected to read the assigned chapters in the text and other assigned readings and be prepared to write a graded test based on these reading assignments.

- All tests are available on Moodle from 8:30 AM on the day of the class to 11:59 PM the following day.
- There is one attempt at all Daily Tests.
- There is a 30-minute time limit unless otherwise noted.

Asynchronous Activities

Due Date: Classes 2, 6 & 8

Weight: 15%

Asynchronous activities are those that take place outside of the live lecture/class time. They are intended to build upon critical thinking skills based on material connected to or assigned for that day. Activities are assigned at the conclusion of a live lecture with explicit directions and completion dates. Facilitator support is available should there be any queries. All Asynchronous Activities will be marked using the **Asynchronous Activity Rubric- attached in Appendix**

Asynchronous activities may include but are not limited to:	
- Completion of Worksheet/problems-independent and/or collaborative	- Video responses
- Case study review and assessment	- Microsoft Forms
	- Microsoft Padlet

In-class Mini Presentation

Due Date Class 3

Weight: 10%

In your assigned final project groupings, you will be assigned a presentation topic during Class 3 by your facilitator. In your assigned Teams groupings, you will have time to meet and collaborate on a topic that is based on Class 3 readings. Connections to other chapter readings/learning are expected in your in-class presentation.

Process:

1. During Class 3, your group will be assigned a topic from Chapter 4 readings.
2. You will have approximately 45 minutes to collaborate and prepare a mini presentation based on that topic. Your group has access to PowerPoint and your own channel to discuss/share/collaborate on how you want to present.
3. Each group member is responsible for presenting on a topic or point.
4. Your group will have 3 to 5 minutes to present your findings.
5. You will be graded on the **Oral Presentation Rubric** attached.

How to avoid plagiarism: The simplest way to avoid plagiarism is to reference any sources properly. This means using both in-text, parenthetical citations in the body of your assignment and a 'References' section at the end of your presentation. While it is commonplace to build upon the knowledge of others, it is necessary to clearly state the sources and foundations of that knowledge. Referencing must conform to the APA7 style- see your ENG110 text for support.

Critical Response Paper

Due Date: Class 7

Weight: 25%

Each student will write a critical response paper that investigates and identifies the essential ingredients in communicating effectively as a professional. This is a paper that requires both self-reflection and critical insight into communication as a professional. You are expected to refer to your text in your response.

You do not have to respond to all, but below are some questions to consider in your response are:

- What different forms of communication occur in your role as a professional? How do you build trust?
- What communication skills are needed to develop a professional relationship between clients, families, and colleagues?
- What are the communication hurdles? How would you address them (i.e., personal stories and research)?
- What insights do you now have regarding your own communication style and the style of others?
- What insights do you now have regarding how your perceptions, fears, and judgment influence how you communicate?

Writing Assignment Expectations:

- **Objective:** The objectives of the writing assignment is to critically apply concepts, ideas, and procedures to facilitate higher level learning. The assignment is designed so students can demonstrate depth of knowledge related to the course content.
- **Focus:** Each assignment is designed to apply knowledge from the chapters and class discussions.
- **Format:** This assignment will be double-spaced. Do not include title pages. Include your name, course name/number and facilitator's name at the top left of the first page. Place a title, center-aligned on the first page. This assignment should have a minimum length of 750 words but is not to exceed 1000 words. Students will be evaluated according to the attached rubric: **Critical Writing Response Marking Rubric.**

How to avoid plagiarism

The simplest way to avoid plagiarism is to reference any sources properly. Students are to use both in-text, parenthetical citations in the body of your assignment and a 'References' page at the end of the document on a separate page. While it is commonplace to build upon the knowledge of others, it is necessary to clearly state the sources and foundations of that knowledge. Referencing must conform to the APA7 style outlined in your ENGL110-1 textbook.

Group Communication Presentation

Due Date: Class 9

Length: 10 – 15 minutes Live Presentations

Weight: 20%

In assigned groups, participants will work together to develop, plan, and deliver a 10-15-minute live presentation based on one chapter from the course textbook.

Using a variety of presentation methods, participants will highlight key features and insights from their chosen chapter and relate them to practical application, personal stories and information from course material and texts.

The group will identify the chapter they will work on and provide an outline of the presentation at least three weeks prior to delivery. A limited amount of time will be provided to work on the presentation, as a result outside class meetings will be needed. You will be evaluated on your individual presentation using the **Oral Presentation Rubric** provided in this course outline.

Assignment Expectations:

Your presentation must include the following:

1. Present an outline of the key points of the chapter and explain how these key concepts apply to your chosen program (example: education assistant). The outline should be posted at the beginning of your presentation.
2. Group members should choose one chapter from the textbook and formulate a topic they will present, and they should also relate the topic to a real-life situation, such as workplace or societal event, for example, how to manage diversity in an organization in Calgary.
3. Group members are to adopt any visual presentation format they chose but PowerPoint Presentations are preferred. The method of delivery will be Microsoft Teams- groups are expected to create time on their own outside of class time to prepare for this project. Presentation is live in Class 9.

How to avoid plagiarism

- The simplest way to avoid plagiarism is to reference any sources properly. You are required to use both in-text, parenthetical citations in the body of your assignment and a 'References' page at the end of presentation. While it is commonplace to build upon the knowledge of others, it is necessary to clearly state the sources and foundations of that knowledge. Referencing must conform to the APA7 style outlined in your ENGL110-1 text.

Final Project: Reflection on Presentation

Due Date: Class 10

Weight: 10%

This final project will enable you to deeply reflect on your group presentation experience, how it aided you in the development of professional communication skills and how it contributed to increased self-awareness of your areas of strengths and areas of growth. You may guide your reflection using the points below:

Personal	Team	Content
• Your expectations at the start of the presentation • Your contributions and experiences during the presentation • How you spent time, including reflecting on useful vs. wasteful time • The importance of this type of presentation in your field	• Your participation within your team • The contribution of your teammates • The online collaboration within your team and your work together • The perception of the other team members' attitudes to the course and if that influenced your commitment and contribution	• What specific content do you feel you learned more about on your journey from the beginning of the assignment? • What do you feel you can expand on in your own journey of learning?

Assignment Expectations:

- **Objective:** The objectives of the writing assignment is to critically apply concepts, ideas, and procedures to facilitate higher level learning. The assignment is designed so students can demonstrate depth of knowledge related to the course content.
- **Focus:** Each assignment is designed to apply knowledge from the chapters and class discussions.
- **Format:** This assignment will be double-spaced. Do not include title pages. Include your name, course name/number and facilitator's name at the top left of the first page. Place a title, center-aligned on the first page. 12-point Calibri font is preferred. This assignment has a minimum length of 500 words but is not to exceed 750 words. Students will be evaluated according to the attached rubric: **Reflective Writing Response Marking Rubric.**

How to avoid plagiarism

You are required to use both in-text, parenthetical citations in the body of your assignment and a separate 'References' page at the end of your assignment. It is necessary to clearly state the sources and foundations of that knowledge. Referencing must conform to the APA7 style outlined in your ENGL110-1 text

Appendix 2 Assignment Rubrics
Columbia College Critical Writing Response Marking Rubric

Area	10-9	8-7	6-5	4-0
Quality of Response Content/Ideas	• Demonstrates reflection, insight, and accurate interpretation of assignment. • State's main idea/opinion clearly. • Provides support for the main idea through numerous, relevant sources and/or references to the course readings.	• Demonstrates reflection and accurate interpretation of assignment. • State's main idea /opinion clearly. • Provides support for the main idea through number of relevant sources and/or references to the course readings.	• Demonstrates limited response to assignment. • Partly identifies main idea/opinion. • Attempts some support for the main idea, but it is limited in applicability.	• Creates limited response that is hard to follow. • Main idea/opinion not identified. • Uses little to no references to support opinion.
Analysis	• Explores issue thoroughly and with insight, developing a clear, original position with persuasive examples. • Demonstrates sound logic. • Demonstrates excellent critical thinking and problem-solving skills.	• Explores issues well, developing an original position with and good examples. • Demonstrates good logic. • Demonstrates very good critical thinking and problem-solving skills.	• Defines the issue but explores it inadequately. • Uses examples inconsistently and/or examples are lacking. • Demonstrates weakness in logic. • Demonstrates weak critical thinking and problem-solving skills.	• Defines issue inadequately, demonstrating a simplistic view. • Lacks logic. • Demonstrates poor critical thinking and problem-solving skills.
Style Expression of Ideas	• Uses highly effective, clearly focused, varied sentences, addressing audience and purpose. • Incorporates knowledge of stylistic techniques. • Conveys all ideas with originality and clarity. • Uses rich, accurate and effective word choice. • Consistently demonstrates original, sincere and compelling personal voice.	• Mostly uses effective, well structured, focused, varied sentences, addressing audience and purpose. • Demonstrates use of stylistic techniques. • Conveys most ideas with originality and clarity. • Uses accurate and effective word choice. • Mostly demonstrates original, sincere personal voice.	• Demonstrates limited attempts at creating varied sentences to address audience and purpose. • Often sentences are somewhat awkward. • Little attempt at using stylistic techniques. • Conveys some ideas clearly. • Uses vague, ineffective word choice. • Demonstrates little to no development of a personal voice.	• Uses simplistic sentence structures that are awkward and do not address audience and purpose. • No stylistic devices attempted. • Most ideas are not conveyed clearly. • Inadequate word choice. • No evidence of a personal voice.
Area	10-9	8-7	6-5	4-0

Organization and Structure	- Creates a sophisticated, well-developed beginning, middle and conclusion. - Connects all ideas logically. - Uses a variety of carefully crafted sentence structures. - Consistently establishes appropriate paragraphing and transitions.	- Creates a well-developed beginning, middle, and conclusion. - Connects most ideas logically. - Uses a variety of well-structured sentences. - Most of the time establishes appropriate paragraphing and transitions	- Creates an unfocused beginning, middle and a simple conclusion. - Creates answer that is poorly structured. - Uses some sentence variety with errors that begin to interfere with meaning. - Shows faulty paragraphing and lack of transitions.	- Creates a limited response with no clear beginning, middle, and conclusion. - Creates confusion in structure. - Uses little to no sentence structure variety. - Many structural errors - Weak to no paragraphing or transition.
Mechanics, Grammar, Professional Format	- Mainly error free. - Uses APA citation correctly where applicable for referencing sources. - Meets and exceeds all requirements for an excellent academic response. - Meets and exceeds all requirements of the assignment.	- A few minor errors in usage, grammar, or mechanics. - Generally, uses APA citation correctly where applicable for referencing sources. - Meets most requirements for a well written academic response. - Meets most requirements of the assignment.	- Frequent errors in usage, grammar, and mechanics, beginning to interfere with the readability and meaning of the paper. - Uses APA citation inconsistently and with errors when sources are used. - Meets a few requirements for an acceptable academic response. - Meets a few requirements of the assignment.	- Numerous errors in usage, grammar, and mechanics, affecting the readability and meaning of the paper. - Many errors in APA citation, demonstrating lack of citation knowledge when sources are used. - Meets few requirements for an acceptable academic response. - Meets little to no requirements of the assignment.

Plagiarism: A “0” grade will be given to a paper where significant sections of the paper were copied from other, unattributed sources.

Total Score out of 50:

Facilitator/Evaluator’s Comments

**Columbia College
Oral Presentation Rubric**

Area	10-9	8-7	6-5	4-0
Organization	- Creates introduction that is unique, clearly focused and engages the audience. - Organizes content logically, making entire presentation easy to follow. - Builds main points through carefully selected and original examples/ references. - It has effective transition between sections. - Summarizes all key points and stimulates thoughts at the end.	- Creates an introduction that is original, clearly focused and gets the attention of the audience. - Organizes content logically, making most of the presentation easy to follow. - Builds main points through carefully selected examples/ references. - Has a transition between most sections - Summarizes most key points and stimulates some thought at the end.	- Creates an introduction that tends to be unfocused. - Doesn't engage the audience's interest. - Content appears disorganized, without logic and consistency. - Builds a few main points with details, but most ideas are unsupported. - Few to no transitions are evident. - Little to no summarizing evident. Ending does not stimulate much thought.	- The presentation shows little to no logical organization. - Content is difficult to follow. - Not a thoughtful presentation.
Content	- Provides evidence of supporting research to back all main points. - Gives a complete explanation of all key points. - Uses relevant examples/ references.	- Provides evidence of supporting research. To back most points. - Explains most key points. - Uses some relevant examples/ references.	- Provides evidence that not enough research has been done to support the content. - Gives an incomplete explanation of key points. - Uses a few relevant examples/ references.	- Indicates little to no research. - Gives a limited explanation of a few points. - Uses little to no examples/ references.
Delivery Style: Nonverbal Effectiveness	- Demonstrates ease and confidence through carefully maintained posture, poise, and facial expression. - Uses continual eye contact.	- Demonstrates confidence through most of the presentation with careful posture, poise, and facial expression. - Uses consistent eye contact.	- At times demonstrates developing confidence in presenting content. At times uses posture, poise, and facial expression to support presentation. - Uses eye contact inconsistently.	- Shows lack of ease in presenting through poor posture, lack of poise, and lack of facial expression. - Uses poor to no eye contact.

Area	10-9	8-7	6-5	4-0
Delivery Style: Verbal Effectiveness	- Conveys passionate interest for the topic. - Speaks naturally at a moderate rate with correct pronunciation, enunciation, and volume. - Uses few unnecessary pauses “ums”. - Makes no obvious grammatical errors. - Uses cue cards or other supports effectively and does not read the presentation. - Uses rich, precise, and varied vocabulary. - Well-rehearsed and prepared.	- Conveys enthusiasm for the topic. - Most of the time speaks clearly at a moderate rate with correct pronunciation, enunciation, and volume. - Uses few unnecessary pauses “ums”. - Makes few grammatical errors. - Most of the time uses supports appropriately, without reading the presentation. - Uses well-chosen and varied vocabulary.	- Demonstrates minimal enthusiasm for the topic. - Speaks with some lack of clarity in pronunciation and enunciation with varying volume and rate of speech. - Uses too many unnecessary pauses (“ums”), distracting from the presentation. - Makes some grammatical errors. - Tends to not use supports effectively and mostly relies on reading the presentation. - Uses ineffective vocabulary.	- No enthusiasm is conveyed for the topic Speech is unclear with poor enunciation and incorrect pronunciation. - Volume and rate of speech are often inappropriate, making comprehension difficult. - Uses too many unnecessary pauses “ums”, making comprehension difficult. - Makes frequent grammatical errors. - Reads presentation. - Uses inappropriate or simplistic vocabulary.
Mechanics, Grammar, Professional Format	- Mainly error free. - Uses APA citation correctly where applicable for referencing sources. - Meets and exceeds all requirements for an excellent academic response. - Meets and exceeds all requirements of the assignment.	- A few minor errors in usage, grammar, or mechanics. - Generally, uses APA citation correctly where applicable for referencing sources. - Meets most requirements for a well written academic response. - Meets most requirements of the assignment.	- Frequent errors in usage, grammar, and mechanics, beginning to interfere with the readability and meaning of the paper. - Uses APA citation inconsistently and with errors when sources are used. - Meets a few requirements for an acceptable academic response. - Meets a few requirements of the assignment.	- Numerous errors in usage, grammar, and mechanics, affecting the readability and meaning of the paper. - Many errors in APA citation, demonstrating lack of citation knowledge when sources are used. - Meets few requirements for an acceptable academic response. - Meets little to no requirements of the assignment.

Plagiarism: A “0” grade will be given to a paper where significant sections of the paper were copied from other, unattributed sources.

Total Score out of 50:

Facilitator/Evaluator’s Comments

**Columbia College
Reflective Writing Rubric**

	4	3	2	1	0
Depth of Reflection	Reflection reveals a thorough insight of the subject matter with the student presenting well thought-out reflections.	Reflection reveals insight into the subject matter. Often there are thoughtful statements.	Reflection reveals a basic understanding of the subject matter with an effort at reflection.	Reflection is limited. The writer produces some basic understanding of the subject matter.	Little to no reflection is present.
Use of Examples / Evidence	Uses specific and convincing examples to support reflective statements.	Uses well-chosen examples to support reflective statements.	Uses some examples to support understanding of the subject matter and reflections.	Uses limited number of examples to support understanding of the subject matter.	Uses little to no examples.
Cohesiveness of Response	Reflection provides a clear picture of the student's thinking on this subject matter.	This reflection gives a good understanding of the student's thinking on this subject matter.	Most of the time this reflection provides an acceptable indication of the student's thinking on this subject matter.	This attempted reflection does not provide a clear picture of the student's thinking on this subject matter.	This response is confusing, and ideas do not tie together.
Conventions	Demonstrates control of the writing conventions with essentially no errors.	Demonstrates control of the writing conventions with occasional errors.	Demonstrates some control of the writing conventions with errors that do not yet interfere with understanding.	Demonstrates limited control of the writing conventions with frequent errors that make understanding difficult.	Demonstrates little or no control of the writing conventions.
APA7 Formatting	Perfect adherence to APA7 guidelines, including in-text citations and references.	Good adherence to APA7 guidelines with minor errors.	Basic adherence to APA7 guidelines with several errors.	Poor adherence to APA7 guidelines with numerous errors.	APA7 usage is not present.

Total out of 20:

**Columbia College
Asynchronous Activity Rubric**

Criteria	Excellent (5)	Good (4)	Satisfactory (3)	Needs Improvement (2)	Poor (1)
Understanding	Demonstrates a thorough understanding of the assignment.	Demonstrates a good understanding of the assignment.	Demonstrates a basic understanding of the assignment.	Demonstrates limited understanding of the assignment.	Demonstrates little to no understanding of the assignment.
Completeness	All parts of the assignment are completed thoroughly.	Most parts of the assignment are completed thoroughly.	Some parts of the assignment are completed thoroughly.	Few parts of the assignment are completed thoroughly.	Very few parts of the assignment are completed thoroughly.
Accuracy	All information is accurate and relevant.	Most information is accurate and relevant.	Some information is accurate and relevant.	Little information is accurate and relevant.	Information is mostly inaccurate and irrelevant.
Presentation	Work is well-organized, neat, and easy to read.	Work is mostly organized, neat, and easy to read.	Work is somewhat organized and readable.	Work is poorly organized and hard to read.	Work is disorganized and very hard to read.
Timeliness	Submitted on time or early.	Submitted slightly late.	Submitted late but within an acceptable range.	Submitted significantly late.	Not submitted or extremely late.

Total Score: /25